



COVID-19 SCHOOL SAFETY CHECKLIST

FOR PARENTS

Practice hand hygiene

Use songs, make signs or come up with other fun ways to make sure these habits last.

Teach about germs

Discuss the importance of not touching your nose, eyes or mouth, and why it's important to wear a mask at school.

Have a sick-day plan

Most schools have updated their rules when children should not to come to school. Learn the policies at your child's school.

Encourage healthy habits

Getting enough sleep, eating healthy and daily exercise are all ways to equip our immune system to fight off germs.

Get your immunizations

Flu shots help keep us all healthier overall and have a healthier school community.



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