

# NEW FACE, SAME GREAT HEART

Our latest addition  
looks sharp, but  
it's what is inside  
that counts.



OSF HEALTHCARE  
Saint Anthony  
Medical Center

MAYO  
CLINIC

CareNetwork  
Member





2018 Pink Ball

# Welcome to the Opening of the North Tower

This is a day that all of us at OSF HealthCare Saint Anthony Medical Center have been eagerly awaiting. We are thrilled to showcase our latest addition and look forward to celebrating this historic milestone with the entire region that OSF HealthCare serves.

Plenty has changed since Saint Anthony Hospital was founded in 1899 by the Sisters of the Third Order of Saint Francis at the corner of East State and Summit Streets in Rockford. One thing that hasn't changed, however, is our commitment to providing quality care to patients throughout the area. And that includes our latest addition.

We broke ground on the North Tower

project in June, 2015. Immediately afterward, we developed key internal teams to make sure we could fulfill the driving force behind the North Tower – to further enhance the patient experience here at OSF Saint Anthony. And it all started with our team of professionals from across the entire ministry.

Our Mission Partners were instrumental in developing and designing this new tower. When you add a 144,000 square-foot building to your existing facility, it's important to look at the logistics and the way we operate. We relied on feedback from nurses, physicians and even family members. We wanted to ensure that this experience

would be seamless for our patients.

As we prepare to cross the finish line on this North Tower project, I want to say that I'm most proud of our Mission Partners. We have outstanding people who provide the greatest care and love to our patients and their family members each and every day. We are all proud to live, work and contribute to this great community. And the North Tower is an extension of that pride we all have here at OSF HealthCare Saint Anthony Medical Center.

*Sincerely,*

*Paula Carynski, President, OSF HealthCare Saint Anthony Medical Center*





Women's  
Center

# The Power of the Tower

## Bringing modern day amenities together all in one place

When the new North Tower opens at OSF HealthCare Saint Anthony Medical Center, much of the conversation will center on the 78 private rooms. And while the spacious rooms will be a plus, there are plenty of other aspects of the North Tower that will further enhance the patient experience.

“We’re very excited about the opening of the North Tower,” said Karen Brown, vice president, operations. “It will be a wonderful opportunity for our patients, families and Mission Partners who provide the greatest care and love

for our patients. There is much to be thankful for, much to be proud of and we’re happy to be able to provide these services for the Rockford region.”

### THE WOMEN’S CENTER

Privacy, warmth, confidentiality – combined with sophisticated and technologically advanced medical equipment – can all be found in the Women’s Center on the first floor of the North Tower. Mammography, automated breast ultrasound (ABUS), bone densitometry, breast

tomosynthesis (3D), Hereditary Risk Assessment, ultrasound, needle localization and stereotactic and ultrasound breast biopsy are all offered. Last year, nearly 14,000 mammograms were performed at the Women’s Center.

“We offer bigger rooms, a larger biopsy suite and a private waiting room,” said Allison Gleason, supervisor for the Women’s Center. “We now have two consultation rooms so we can educate our patients and their families. We now have the ability and space to support any or all support systems.”

The Women’s Center is accredited

by the American College of Radiology in mammography and stereotactic breast biopsy along with an ultrasound department that is accredited in female gynecological, ultrasound-guided interventions in breast biopsies as well as for general use. The center is also a Pink ribbon facility and a Breast Center of Excellence.

OSF Women's Center offers walk-in screening mammography 9 a.m. to 5 p.m. weekdays.

## DEMONSTRATION KITCHEN

Eating healthy is easier said than done. But thanks to the new demonstration kitchen on the first floor of the North Tower, community members and Mission Partners alike will be able to learn methods of preparing healthier choices in a comfortable setting.

"This facility features a state-of-the-art demonstration kitchen and classroom, which is used for various community classes, events, and programs," said Nathan Hamman, manager, wellness and weight management. "OSF HealthCare Saint Anthony Medical Center can provide more convenient services for wellness, disease prevention, and health management to our patients and the community."



The weight management department will offer two to four cooking classes each month, taught by registered dietitians as well as local chefs. The classes will last about 90 minutes and cost \$15 per session.

There will also be themed classes, for example, teaching children to cook using only the microwave, offering tips on how to prepare holiday meals or making healthy options for special events like the Super Bowl. There are plans for conducting virtual classes in the future as well.

"We've put a lot of thought into this new amenity," said Nathan, "because it has the potential to help people change their eating habits."

## REJUVENATION SERVICES

Mission Partners, those we serve and members of the community will enjoy the addition of rejuvenation services offered at the North Tower.

Guests will be able to make appointments for services such as massage and skin care treatments. "This is an opportunity for people to come and relax, de-stress, and improve their own health and wellness," said Nathan Hamman, manager, wellness and weight management. "Patients may choose to get a massage when they come in for a mammogram, or they may just make an appointment for a massage."

"Rejuvenation services are a way to help decrease muscle tension, pain and stress," said Nancy Kester, director of health, wellness and occupational services. "It will help people to feel more relaxed, work more productively, and enjoy life more fully. From a health standpoint, whenever we put these services together the focus is on improving health and wellness for our population. These rejuvenation services do that for people."

Rejuvenation services will be offered two mornings and two





afternoons a week. The services will be provided by an esthetician and massage therapists, who will be located near the Women's Center on the first floor of the North Tower. Skin care products will also be available for purchase through the retail pharmacy based on the recommendation of the esthetician. Gift certificates will also be available to clients.

## RETAIL PHARMACY

A new retail pharmacy will give patients a peace of mind especially when they leave the hospital thanks to a meds-to-beds program.

"Before patients get discharged we can bring their medication to them so they don't have to make stops on the way home," said Matt Morrison, retail pharmacy manager. "This gives patients one less thing to worry about. Everything we can do to make their recovery easier will help."

The retail pharmacy, located on the first floor, offers a comfortable waiting room and has three full-time pharmacists with more than 50 combined years of experience, along

with pharmacy technicians.

The retail pharmacy is accessible to patients located throughout the hospital, including the emergency department and the PromptCare. "We'll have time to talk to people and develop one-on-one relationships with our customers," said Matt. "You can't get that everywhere."

The retail pharmacy is open from 9 a.m. to 7 p.m. on weekdays and 9 a.m. to 5 p.m. on weekends. The pharmacy will also be available to OSF Mission Partners.


"It's exciting. We're starting from the ground floor," said Matt. "With the team we've assembled, we will make a huge impact on the community."



Mission Partners Matt Morrison, Retail Pharmacy Manager, and Kyle Schick, Director of Pharmacy, review plans for the retail pharmacy in the North Tower







Mission Partners  
Emily Arnold RN,  
BSN, Orthopedic  
Program Coordinator,  
& Melissa Wishard RN,  
BSN, Charge Nurse,  
are excited about the  
78 private rooms

## More Privacy, More Comfort

### Better health care means a better experience

There are many qualities to like about the new North Tower opening soon at OSF HealthCare Saint Anthony Medical Center.

The most anticipated aspect of the project is the addition of 78 private rooms across three floors that consist of cardiovascular surgical, orthopedics and general surgery. The rooms will be divided into three zones – one for nursing staff, one for the patient and a family zone that includes a pullout sofa for guests wishing to spend the night with their loved one who's hospitalized.

"Our nurses were involved in the planning from the very beginning," said Kristine Dressen, director of nursing operations. "We did a lot of studies, looking at the placement of where

things would go. We went on many hospital tours and we picked the best designs that would enhance our patient experience."

Another convenience for patients is the retail pharmacy, located on the first floor of the North Tower. Thanks to the retail pharmacy, patients will have one less thing to worry about before going home. "Currently, we send patients home with prescriptions," said Kristine. "We don't know if they pick them up or how they're going to pick them up. Thanks to the meds-to-beds program, we know our patients will have medications upon discharge. And that's reassuring."

Other amenities include spacious consultation rooms for patients and

families to discuss care options with their physicians, a private waiting room for patients visiting the Women's Center and a coffee shop. There is also a reflection room on the fourth floor for patients and visitors who need a peaceful place to go and reflect, pray or just be alone.

Once the North Tower is open, work will begin on existing hospital rooms to give them a fresh look and feel. "We'll be refreshing the existing rooms at OSF so everyone feels like they are in a place of beauty and comfort," said Kristine. "I think the improvements will provide an excellent experience for our patients, families and Mission Partners. That's how we do it here at OSF Saint Anthony, with the greatest care and love."



Named a

# 100 TOP HOSPITAL

## with Great Heart Programs

Becker's Hospital Review

As the No. 1 choice in cardiovascular surgery, OSF HealthCare Saint Anthony Medical Center is a leader in non-invasive procedures, such as the Transcatheter Aortic Valve Replacement (TAVR). TAVR helps patients avoid open-heart surgery and recover faster.

OSF HealthCare Cardiovascular Institute offers coordinated care, supported by 85 heart experts, specializing in every aspect of cardiovascular care. Throughout northern and central Illinois, we have 25 locations to serve you, making it convenient to receive advanced cardiovascular care – closer to home.

**Visit [osfsaintanthony.org/topheart](https://osfsaintanthony.org/topheart) to learn more.**



**OSF HEALTHCARE**  
Cardiovascular Institute





## North Tower Provides Choices For Life's Little (and Not so Little) Emergencies

While quality and expertise top the list of what most people seek from a health care provider, access and efficiency are often just as important. Especially when it comes to those unexpected emergencies all of us encounter.

OSF HealthCare has long understood this, resulting in what has become one of the most comprehensive list of medical care programs in the region. That includes giving you options for your immediate care needs.

The choices, however, can sometimes lead to indecision by the patient as to whether they need to go to the emergency department (ED) or an urgent care, like OSF PromptCare.

"Emergency is more for your life-threatening severe illness issues," says Dr. Michael Kouimelis, Director of Primary Care, OSF HealthCare Northern Region. "Urgent Cares are basically there to help provide additional access

to a patient when they need to be seen right now for an issue that might not be severe or life threatening, but needs to be addressed quicker than they can get in to their physician's office."

"Things that we would look at in a PromptCare are things like a common cold, cough, a minor cut or bruise, an unexplained fever."

A patient making the right choice can also save time and money. "It's more time consuming to be in the ED," says Dr. Kouimelis. "We're tying up resources for people who really need to be seen in an emergent situation. Also, the cost to the patient is higher in an emergency department as compared to an urgent care setting location."

A new OSF PromptCare location is being created as part of the new North Tower project at OSF HealthCare Saint Anthony Medical Center. It will be adjacent to the hospital's emergency room.

Having an ED and PromptCare at the same location "gives people a choice," says Dr. Kouimelis. "When they get there they can make a decision about which way they need to go. If it's not an emergency situation, obviously, they can choose to go to the PromptCare or vice-versa."

Still, making a decision in an immediate care situation can be a challenge. Dr. Kouimelis suggests making a phone call before you head to a hospital or clinic. "If you have any questions, call your doctor's office or call the urgent care and they will advise you where to go."

### DON'T DRIVE, CALL 911

If you or a loved one is exhibiting stroke symptoms or heart issues, do not drive to the emergency room yourself. This may actually increase the amount of time it takes to get the treatment you need.



Instead, call 9-1-1 immediately and ask to go to OSF HealthCare Saint Anthony Medical Center. En route, the emergency transport crew reaches out to the OSF Saint Anthony emergency department and informs them you're on your way. The emergency department then notifies the stroke or heart teams as appropriate, so the specialty care needed is ready to get to work as soon as you arrive, saving valuable time.

This highly coordinated team approach is a big reason why OSF Saint Anthony has such a great track record of positive results for stroke and heart patients.



## Convenient Urgent Care Locations To Serve You

OSF HealthCare and Physicians Immediate Care formed a joint venture in November 2017 to create more convenience and access points for patients. The move provides needed care in a lower cost setting than an emergency department, and improving care coordination among providers. The move supports both organizations' efforts to most effectively manage the care of the patients they serve.

### **OSF PROMPTCARE – ROCK CUT**

9951 Rock Cut Crossing, Loves Park, IL 61111  
815-639-8450

*Opening April 16, 2018!*

### **OSF PROMPTCARE – SAINT ANTHONY MEDICAL CENTER**

5666 E. State Street, Rockford, IL 61108  
815-395-6000

### **PHYSICIANS IMMEDIATE CARE – BELVIDERE**

1663 Belvidere Road, Belvidere, IL 61008  
(815) 544-0040 Fax: (815) 544-0048

### **PHYSICIANS IMMEDIATE CARE – LOVES PARK**

1000 E. Riverside Blvd., Loves Park, IL 61111  
(815) 633-4300 Fax: (815) 633-2961

### **PHYSICIANS IMMEDIATE CARE – MACHESNEY PARK**

11475 N. 2nd Street, Machesney Park, IL 61115  
(815) 654-8000 Fax: (815) 654-9433

### **PHYSICIANS IMMEDIATE CARE – ROCKFORD-E. STATE**

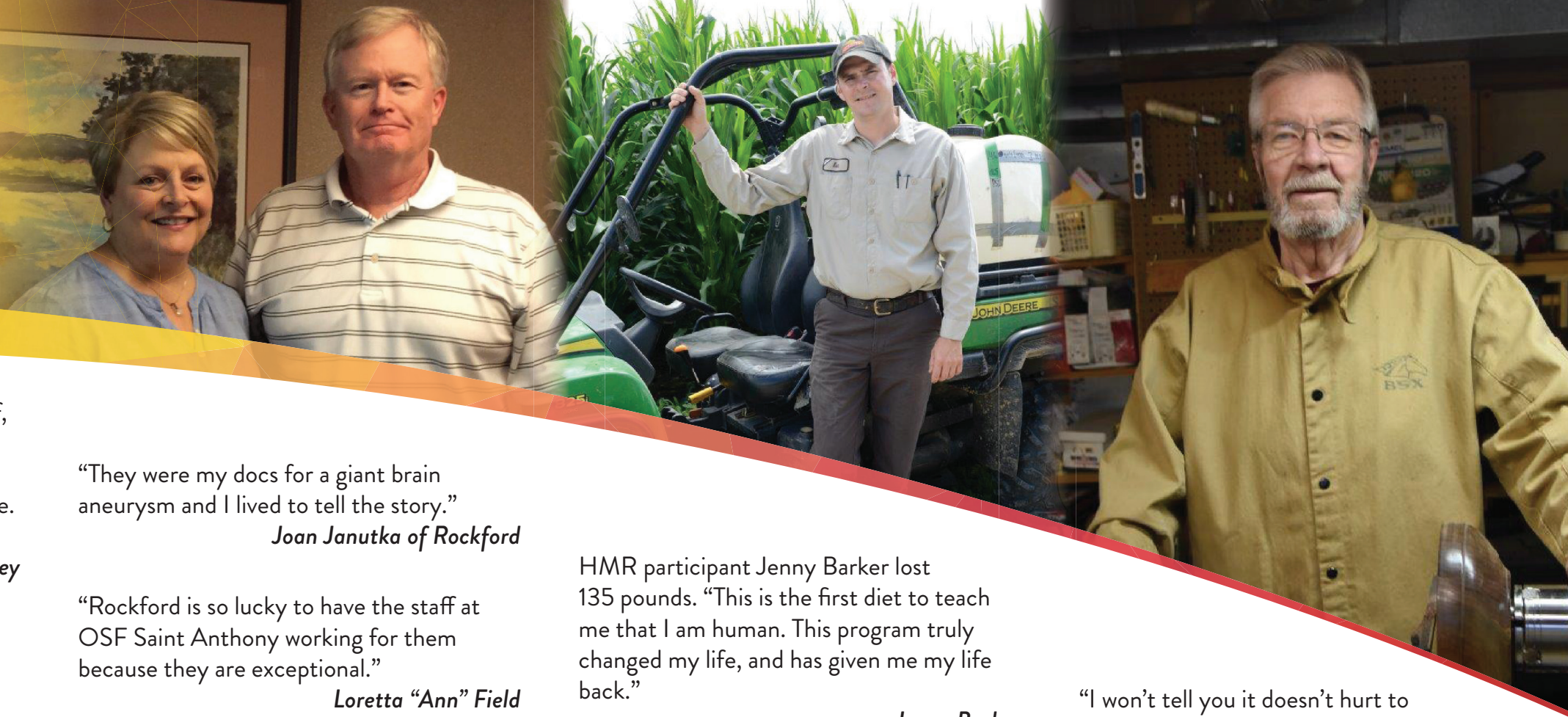
6595 E. State Street, Rockford, IL 61108  
(815) 226-1300 Fax: (815) 226-1301

### **PHYSICIANS IMMEDIATE CARE – ROCKFORD-S. ALPINE**

3475 S. Alpine Road, Rockford, IL 61109  
(815) 874-8000 Fax: (815) 874-7525



# It's All About Serving With the Greatest Care and Love



To the Nursing Staff 4th Floor, "My family wanted to extend our gratitude to all of you for the care with which you treated my mom and the compassion you showed our entire family through this difficult journey. You have incredibly hard jobs. You treat patients (and families) when they are most fragile and vulnerable. I witnessed every doctor, nurse, CNA and housekeeper treat every person they encountered with care while remembering that these are all people - many of whom are very scared. We (my mother and my family) were all folded into that care - as we were asked constantly what we needed. We will continue to speak highly of OSF, thanks to the care we received from all of you.

*Taken from Patient Survey*

"I am so please with my care and I can say OSF Saint Anthony Medical Center is equivalent, or better, than even the most prestigious hospitals."

*Tim Dorr, formerly of Rockford*

"They really care about the safety of the kids before and after surgery, that was the difference-maker."

*Katy Statler of Roscoe*

Dear Amy Hill, Dr. Tully, and 1 South Staff, "Thank you so much for the excellent care I received. God bless you all. I received the best care here and I won't go anywhere else. OSF is #1 in Rockford."

*Taken from Patient Survey*

"We were very happy with our decision of choosing OSF to have our first child. I couldn't ask for better nurses. They were always there for me. I can't imagine going anywhere else to have my children."

*Lauren Mioni, first-time mother*

"I couldn't have received any better care. The care I received following the cardiac arrest was extremely critical. I'm very appreciative of OSF, my doctors and the entire staff."

*Reed Schreck, heart patient*

"It was such a scary time for us but the nurses and doctors were so good caring for my father and communicating the situation to our family. We were very impressed with OSF HealthCare."

*Annie Peiffer, daughter of stroke survivor*

"I wouldn't be walking today if it wasn't for Dr. Thomas Michalsen and the whole team at OSF HealthCare Saint Anthony."

*Greg Holtopp*

"They were my docs for a giant brain aneurysm and I lived to tell the story."

*Joan Janutka of Rockford*

"Rockford is so lucky to have the staff at OSF Saint Anthony working for them because they are exceptional."

*Loretta "Ann" Field*

"I walk up and down stairs and people can't believe I was in a car accident. That's how good the coordination of care was, from the helicopter to the trauma surgeons and staff to the intensive care people and all the way through. It was just an amazing display of coordination."

*Phil Johnson of Sycamore*

"I think the Mayo Clinic Care Network is a great thing. I would have never known proton therapy was even a thing if it wasn't for the two organizations working together."

*Beth Phillips*

"With any of the therapists I've had at OSF HealthCare, if I had a question or a problem, I can ask them, and they will take time to work with me and get me on track. Everybody I've dealt with at the health center has just been super."

*David Alfredson*

HMR participant Jenny Barker lost 135 pounds. "This is the first diet to teach me that I am human. This program truly changed my life, and has given me my life back."

*Jenny Barker*

"Dr. Diane Zug got me into OSF HealthCare Saint Anthony the day after our appointment and within the week we were scheduling a biopsy. She and Dr. Nora at OSF are my heroes."

*Donna Williams*

"I feel like I owe Dr. Dennis Norem my life for acting so quickly. The staff at OSF made a huge difference with their positive attitudes every day, in every patient's life."

*Daniel Lehman*

"I wanted to make sure my daughter got the best doctors, so the surgical team told me, 'We promise you we'll take care of her.' People don't say 'promise' a lot. They looked me right in the eyes and assured me it was going to be alright."

*Shanshan Conway*

"I won't tell you it doesn't hurt to get your tonsils out. It's not fun. I was scared at first, but everybody was really nice. I love the teddy bear they gave me."

*George Allen, 6 years old*

"I just wanted to take a moment to thank each and every one of you that took such excellent care of me while I was in your care. Each visit to my room or a kind smile or hello in the hall made a gal feeling so bad, feel so much better. You all exceeded my expectations. Dr. Mullapudi and Dr. Ingrassia, thank you for everything! You have a great team of angels working with you. Many blessings to all!"

*Taken from Patient Survey*

"Dr. Monica Martens is like family. She referred me to OSF HealthCare Saint Anthony where the people at the cancer center made it bearable to live through the darkest point of my life."

*Sunny Williams*



# ROCKFORD'S ONLY COMPREHENSIVE STROKE CENTER

*Rockford's #1 hospital for stroke care is now the region's only certified Comprehensive Stroke Center.*

What sets a Comprehensive Stroke Center apart from other stroke care programs?

## Comprehensive Stroke Center



Dedicated intensive care beds for complex stroke patients 24/7



Can treat multiple complex stroke patients 24/7



Neurointerventionist, neuroradiologist, neurologist and neurosurgeon available 24/7



Program medical director with extensive expertise available 24/7



Participate in approved patient-centered research

## Primary Stroke Center



What makes a Comprehensive Stroke Center?

- The ability to treat ALL types of strokes, with EVERY known treatment 24 hours a day, 7 days a week
- Highly trained, highly specialized stroke care staff
- A team approach to stroke care with great results
- The most advanced imaging methods

What does this mean for you?

OSF HealthCare Saint Anthony Medical Center represents your best chance for surviving a stroke, no matter what type of stroke it is, or when it occurs.

Stroke is an emergency. At the first sign of stroke, call 911 and ask to go to OSF Saint Anthony.

[osfsaintanthony.org/stroke](https://osfsaintanthony.org/stroke)



**OSF HEALTHCARE**  
Saint Anthony Medical Center







# Surgical Stroke Care: The Cutting Edge of Saving Lives

## Advanced procedure at OSF HealthCare Saint Anthony gives stroke patients a fighting chance

It started as any typical work day for Linda Cheatham, a dietary supervisor at Rockford's St. Ann's Center, a skilled nursing care facility. But then, the 56-year old started to get a headache on her right side. "All of sudden I slid out of my chair," said Linda. "My boss said she thought I was having a stroke and not to move. So, they called 9-1-1 and transported me to OSF Saint Anthony."

During that three minute ride to the medical center EMTs alerted the emergency department to Linda's condition. She was indeed having a stroke.

With that information, the neuro intervention team at OSF Saint Anthony sprang into action. "When I got here they were ready for me," says Linda.

OSF Saint Anthony is Rockford's only Comprehensive Stroke Center and your best choice for stroke care. In 2017, we opened our new \$3 million surgical stroke intervention suite, team and stroke treatment protocols. "It's

a dedicated neuro critical care unit where everyone is trained to deal with neurological disorders," says Dr. Ayman Gheith, a neuro intervention surgeon at OSF Saint Anthony.

He and his counterpart, surgeon Dr. Akram Shhadeh, allow OSF Saint Anthony to provide 24/7/365 stroke intervention care. Dr. Shhadeh was on duty when he was alerted Linda was being brought in. She had no movement on her left side. "I met her when she arrived in the emergency room and gave her the TPA (clot busting medication) and took her right away to perform the procedure."

The state-of-the-art neuro intervention suite provides the surgeons a 3-D image of the brain so they can accurately see the blood clot(s) causing the stroke. They then enter the brain with a catheter and remove the clot(s). If performed soon after the symptoms occur, the procedure can often prevent the more serious effects of stroke and

greatly improve recovery.

That is the most important element with neuro intervention, according to Dr. Gheith. "Stroke is a time-sensitive disease. I only have a certain amount of time where I can actually do something for a person."

For Linda it meant the very quick removal of three clots in her brain. "We pulled the clots, we examined her right away and she was able to move," says Dr. Shhadeh. That was confirmed by Linda who says she regained full movement within an hour of the procedure and there were no after effects.

"With the treatment we are able to reverse symptoms very fast, minimizing the need for the patient to stay in the hospital for a long time, plus minimize the need for them to go to rehab," says Dr. Shhadeh.

Both surgeons want people to pay particular attention to the word 'fast', because it can be a life saver for you or someone you know who may be



experiencing a stroke. Let the letters of the word be your guide. F – **F**ace is drooping, A – **A**rm is weak, S – **S**peech is slurred, or confused and T – **T**ime to get to the hospital.

And that means calling 9-1-1, not driving yourself or having someone drive you to the emergency room. Because, as Dr. Gheith emphasizes, we move a lot faster when EMS transports a patient, “they activate the appropriate protocols and we get the team ready for your arrival.”

That was the key for Linda. “Dr. Shhadeh said if I had waited a little longer, it could have been worse.” She adds, “I just want to thank OSF Saint Anthony Medical Center for what they did for me. They saved my life, because they did an excellent job.”

Inside the new neuro intervention suite



Before and after the surgical intervention of a stroke patient



# Peace of Mind is a Gift:

## The Mayo Clinic Care Network Membership Pays Off For Rockford

About one year after OSF HealthCare Saint Anthony Medical Center relaunched its membership in the Mayo Clinic Care Network, the relationship between the two organizations continues to grow, evolve and prove its worth to patients.

In early 2017, OSF Saint Anthony renewed its commitment to the cornerstones of the care network: eConsults, AskMayoExpert and eBoards (see sidebar). These three tools give OSF Saint Anthony health care providers access to Mayo-approved processes, policies and care paths. It also allows them to consult on patient cases with Mayo specialists either through video conferencing, or by having Mayo specialists review patient records.

Since the relaunch, OSF Saint Anthony health care providers have used the Mayo Clinic Care Network tools more than ever. And patients with rare conditions have benefited from the peace of mind that comes when the collected expertise of both OSF Saint Anthony and Mayo Clinic are available to their care team.

In 2016, providers affiliated with OSF Saint Anthony submitted 57 requests for an eConsult. In 2017, that number nearly doubled to 108. Use of the AskMayoExpert tool has also increased dramatically, with the number of monthly searches approaching 300 per month.

"Membership in the Mayo Clinic Care Network has provided added value to our patients," said James Girardy, MD, FACS, an OSF HealthCare Joint Board member and a physician champion for the OSF Saint Anthony relationship with Mayo Clinic.

"Getting a second opinion from a world-class specialist at no cost to them, and with no travel, can help reduce some of the stress on a patient of dealing with a rare or serious condition."

Since the relaunch, the tools available to member hospitals continue to increase. Where the formal eConsult process can take five to seven days, or longer, the new inpatient telephone consult service allows an OSF Saint Anthony provider to reach out to a Mayo Clinic specialist and receive a call back more quickly. This informal service is designed for patient cases requiring time-sensitive or urgent intervention.

The new consult service affords access to six specialties – critical care, infectious disease, neurology, cardiovascular, gastrointestinal and pulmonary – with the goal of expanding to include more specialties.

Thanks to its membership in the Mayo Clinic Care Network, OSF Saint Anthony has also been able to participate in a pilot of the Watson Clinical Trials Matching tools, in which an IBM database search engine matches patients with clinical trial opportunities at Mayo Clinic, saving providers hours of manual searching and giving patients more viable treatment options to consider.

"Mayo Clinic keeps exploring new ways to benefit care network members and their patients, and I am excited to see where this goes next. It is gratifying to see our community have easy access to such world-class resources," Dr. Girardy said.

Go to [osfsaintanthony.org/mayo](http://osfsaintanthony.org/mayo) to learn more about the benefits of the Mayo Clinic Care Network.

### *The three basic tools of the Mayo Clinic Care Network:*

**eConsults** provide a digital connection between OSF Saint Anthony doctors and a Mayo Clinic specialist, so they can consult together on a patient's behalf.

**AskMayoExpert** gives the OSF Saint Anthony care team access to Mayo Clinic information about disease management, care guidelines and treatment recommendations for a wide variety of conditions. There is also a library of educational content for patients on a wide range of topics.

**eBoards** give OSF Saint Anthony providers an opportunity to present and informally discuss the management of complex cancer cases and irritable bowel diseases cases with a Mayo Clinic multidisciplinary panel and other network members through video conference.



# COLLABORATION brings **INNOVATIVE SOLUTIONS** *to the Rockford Area*

OSF HealthCare is collaborating with you, our community, our 19,000-plus Mission Partners and nationally to deliver better care here in Rockford. As a result, **Modern Healthcare**, a national leader in health care research and data, recently **recognized OSF HealthCare Saint Anthony Medical Group** for the innovative approach to primary care at our facilities.

Working together, we are delivering digital solutions for better health. This includes access to the online tool, **CancerIQ**, which identifies women at higher risk for breast cancer sooner and **OSF Circle**, a women's health app that supports women through pregnancy, motherhood and beyond.

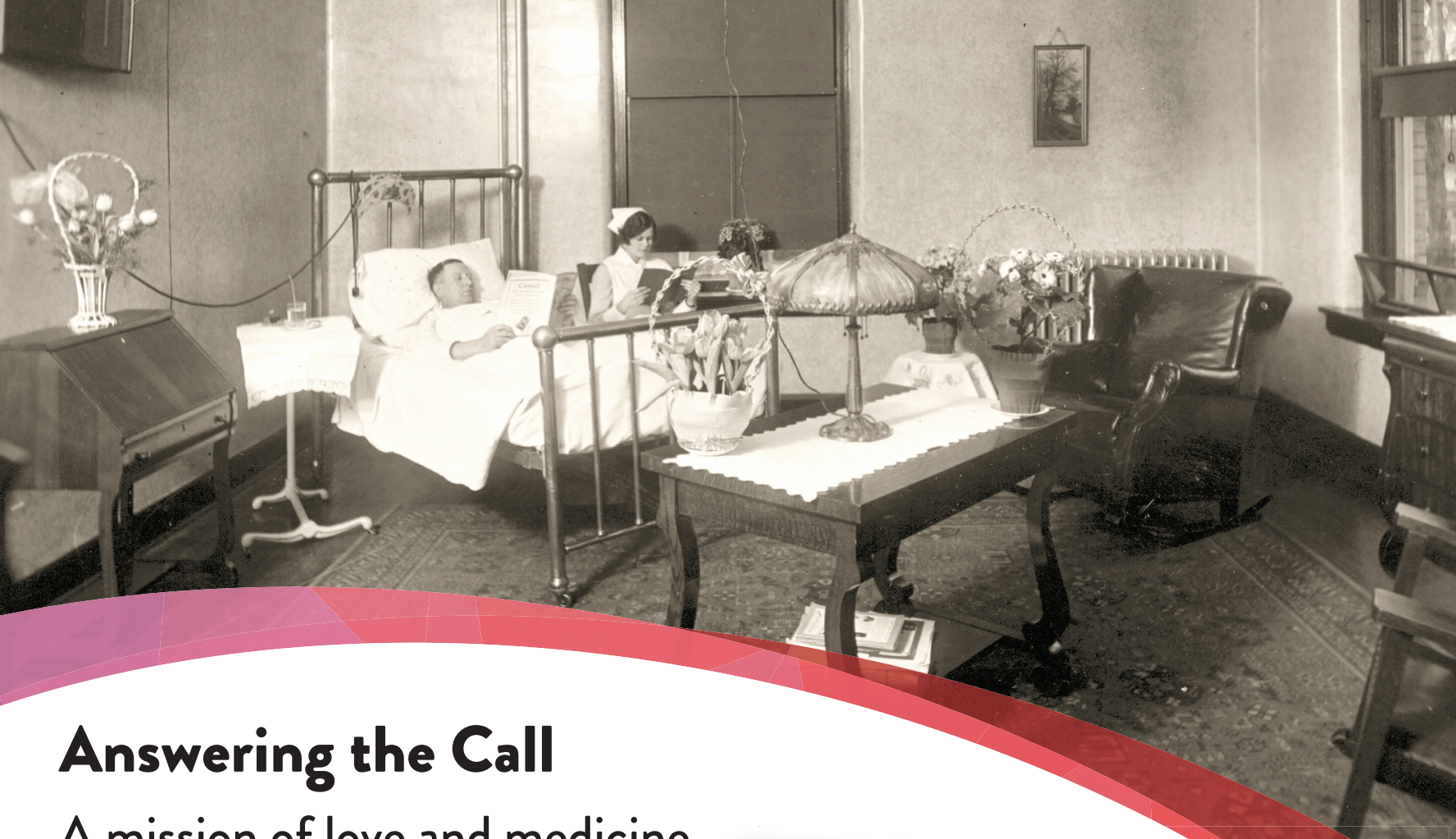
**Ranked in the top 10 innovation centers nationally, OSF innovation** is attracting the top medical professionals supporting not only our physical health but our community health as well. We are sharing fresh perspectives for personalized care to the Rockford community because we believe innovation is a catalyst for transforming your health.

Learn more about what  
OSF HealthCare Saint Anthony  
Medical Center and OSF Innovation  
are exploring at [osfinnovation.org](https://osfinnovation.org)



**OSF<sup>®</sup>**  
**HEALTHCARE**





# Answering the Call

## A mission of love and medicine

A calling, a commitment, and now a cause for The Sisters of the Third Order of Saint Francis

It was a challenging request. Having arrived in America and Iowa only a year earlier, five Franciscan Sisters from Germany were sent for by a Peoria parish priest to assist with a medical crisis and set up a Catholic hospital.

It was 1876 and even though their background in health care was very minimal and few resources were available, the Sisters understood they were being called to a new work. “They trusted that the God who called them would provide for them,” says Sister Judith Ann, CEO of OSF HealthCare.

They were right. “They learned from the physicians they worked with and look what came out of that – the OSF HealthCare System,” says Sister Judith Ann.

The call to Rockford was similar. Having heard of their success and

wanting to establish another hospital in the growing community, city fathers, local physicians and clergy reached out to the Sisters in 1899. They even had a building. At 1401 East State Street, the former Schmauss residence was deserted and overgrown. When she first saw it, one Sister is said to have remarked, “Well, it looks like a tough proposition, but we’re not afraid to tackle it.” Sister Judith Ann says that kind of buoyancy and sense of humor is because they knew “God would be with them and help them in the



service to the Rockford community.”

As in the other Illinois communities where their hospitals stood, the Sisters had strong support by Rockford’s leaders and residents, from materials and fundraising to volunteers. “In each of our locations we received a warm reception. That



partnership and joint support, is what has enabled our Sisters to not only begin, but over the years, to

One commodity in short supply at the turn of the century was nurses. That led to the establishment of the

Saint Anthony College of Nursing in 1915. Sister Judith Ann says, "They began to see the need that, like the physicians who taught us, in turn, we needed to instruct and teach others to assist us in this Ministry."



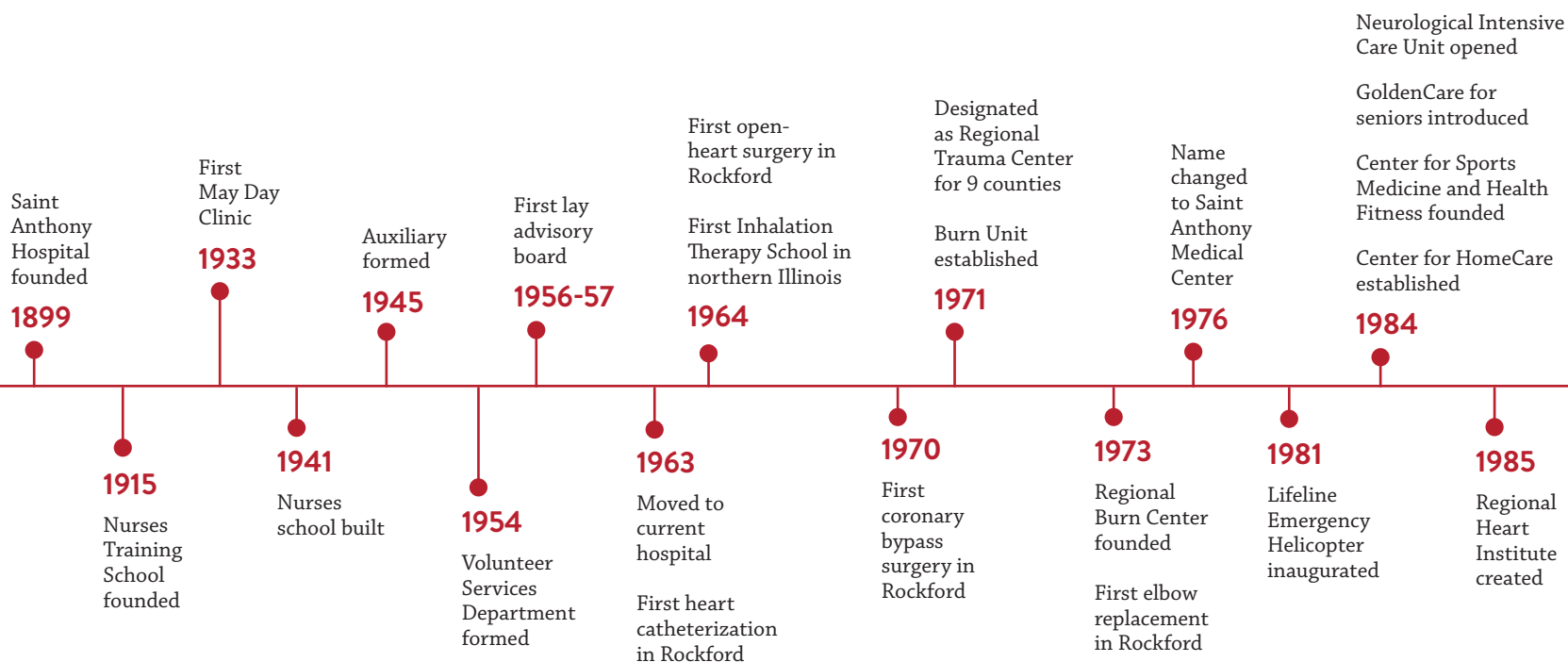
remain and flourish in each of those communities," says Sister Judith Ann. "We could have never done it without them."

The school is now a college and, at more than 100 years old, is one of the most respected nursing programs in the state, now ranked in the top five for NCLEX-RN (licensure examination) in Illinois.

OSF HealthCare has grown and evolved many, many times in its nearly 120 year history in Rockford, but the primary Mission remains the same - to "serve with the greatest care and love." That includes work outside the walls of the medical center and clinics - like the Parish Nurse program that brings screenings and health care to community populations who need it most. "If our focus is the overall wellbeing and health of our communities, then we need to be connected to them before medical care is needed and after that care," says Sister Judith Ann. "Our community commitment has grown out of our roots and our foundation of providing care where people live."

So, what would the Sisters who began this Mission say about OSF HealthCare today? Sister Judith Ann believes they would not be surprised. "As they saw in their lifetime that God promised them if they were faithful to what he asked them to do - to care for my people with the greatest care and love and

## TRANSFORMING MEDICINE IN THE





turn no one away – He would fulfill His promise to them and provide all they needed to accomplish what He asked of them. Indeed, they experienced the integrity of that exchange of promises over the years. Amazing, yes, but not surprising!”

tremendously and OSF HealthCare is poised to meet today’s challenges of



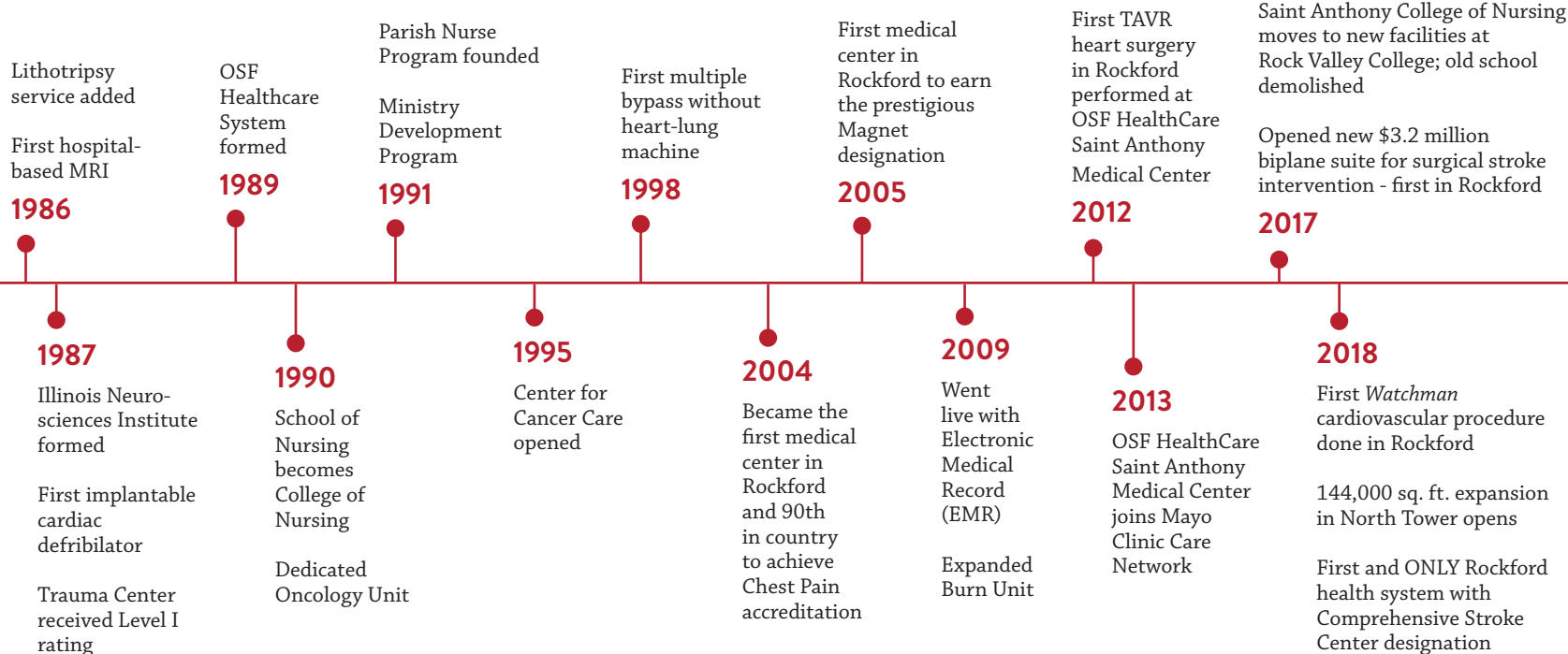
While it began simply and humbly, Sister says the Mission has evolved

more sensitive to the voice of our communities,” says Sister Judith Ann. “Knowing what’s out there and

health care delivery and access. “I see our future as going forward,

what’s needed. Much richer and deeper relationships with all the service entities and organizations within a community, so that we work together hand-in-hand to lift our whole communities up and insure their overall wellbeing and wholeness.”

## ROCKFORD REGION FOR 119 YEARS





# THE BUILDING'S DONE. IT'S TIME TO CELEBRATE.

## North Tower Community Day

at OSF HealthCare Saint Anthony Medical Center

**Saturday, April 7, 2018 | 10 a.m. – 4 p.m.**

5666 E. State St. | Rockford, Illinois

- Surprises, refreshments, a commemorative gift
- Door prizes, including a \$100 Rockford Park District gift certificate
- Line-up of live local music:

### Swingfish

Belvidere North High School Band

Belvidere High School Band

Oregon High School Jazz Band

Guilford High School Band

10 a.m. – noon

12:45 – 1:15 p.m.

1:30 – 2 p.m.

2:15 – 2:45 p.m.

3:00 – 3:30 p.m.

Don't miss this chance to tour behind-the-scenes areas of our new North Tower and see what makes it such a special resource for health care in the region.

*Parking and shuttle service available in the lots adjacent to the North Tower.*



**OSF<sup>®</sup>**  
**HEALTHCARE**