



80TH ANNUAL OSF HEALTHCARE SAINT ANTHONY
MEDICAL CENTER THEODOR LANG

MAY DAY MEDICAL CONFERENCE

Thursday, May 2, and Friday, May 3, 2019

Giovanni's Restaurant and Conference Center



OSF[®]
HEALTHCARE

2019 OSF MAY DAY MEDICAL CONFERENCE

Charles R. Welford, MD

Director of Medical Education and Conference Chair

Sonia Pofelski

Conference Coordinator

David Friedrich

AV Specialist

Mashood Ahmad, MD

William E. Kobler, MD

Lucio J. Martinez, MD

Joanna M. Niemiec MD

Ilche T. Nonevski, MD

Randall E. Rhodes, MD

Charles R. Welford, MD

May Day Conference Advisors

Medical Education/Library Committee

A special thanks goes out to the OSF HealthCare Saint Anthony Medical Center administration, medical staff, Medical Education/Library Committee and May Day Support Committee. The May Day Medical Conference would not be possible without the commitment and support of them all.

Disclosure Policy: Faculty and conference planners must disclose real/apparent conflicts of interest that may influence presentations. Identified conflicts of interest and discussion of off-label/unapproved use of drugs and/or devices will be disclosed at the conference.

Americans with Disabilities Act Statement: OSF HealthCare Saint Anthony Medical Center will make every effort to accommodate individuals with disabilities. If you require special assistance, please call (815) 395-5190 by Monday, April 22.



OSF HealthCare Saint Anthony Medical Center is accredited by the Illinois State Medical Society to provide Continuing Medical Education for physicians.

OSF Saint Anthony Medical Center designates this live activity for a maximum of 12.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AMA PRA Category 1 Credits™ are recognized as CEU equivalents



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OSF MAY DAY MEDICAL CONFERENCE

May Day Conference History

Theodor Lang, MD, a staff radiologist at what is now OSF HealthCare Saint Anthony Medical Center, founded the May Day Conference. His goal was to improve patient care by gathering physicians from across the region for a day of education and fellowship under one tent. While no longer under a tent, we continue to pursue Dr. Lang's goal. OSF HealthCare is proud to continue the tradition of the May Day Medical Conference.

Raymond E. Hoffmann Jr., MD, Memorial Lecture

This year's lecture, "Racial Disparities in Women's Health," is in honor of Dr. Hoffmann and will be presented by Katherine M. Tynus, MD. Dr. Hoffmann was a skilled surgeon and leader at OSF HealthCare Saint Anthony Medical Center and was instrumental in developing the OSF Northern Region EMS Paramedic Education Program. He served in multiple state and national positions, culminating in his election as president of the Illinois State Medical Society. He was a remarkable mentor, role model, beloved physician and esteemed colleague.

The OSF HealthCare May Day Medical Conference is designed to provide an educational environment for health care providers, with a focus on identified practice gaps. The goal is that this education will result in the improvement of quality of care, treatment, services, safety and outcomes for patients.

The target audience for this conference is physicians, residents, medical students, advanced practice professionals, nursing staff and allied health professionals.

This conference may not be audited.

Conference Objectives

At conclusion of this activity, learners will be able to:

- Identify current national treatment guidelines, peer reviewed journals and other resources to disseminate information on best practice and standards of care
- Summarize disease related therapies and treatment options
- Understand technology and other resources that aid in providing safe and efficient care.
- Review patient cases and determine optimal treatment plans
- Recognize cultural differences that may present when working with patients and families



Thursday, May 2

11:30 a.m. – 12:15 p.m.

Registration/Light Lunch
EXHIBIT HALL

12:15 – 12:30 p.m.

Opening Remarks
GENERAL BALLROOM

12:30 – 1:30 p.m.

“Illinois Medical Marijuana Update and Concerns”
Bruce R. Talbot

1:35 – 2:35 p.m.

“Medical Ethics in the Age of the EMR
and Social Media”
Lauris C. Kaldjian, MD, PhD

2:35 – 3:05 p.m.

Exhibit Hall & Break

3:05 – 4:05 p.m.

“Current Trends in Drug Abuse:
Designer Drug Challenges”
Bruce R. Talbot

4:10 – 5:10 p.m.

“Inflammatory Bowel Disease:
What Clinicians Should Know”
Adam S. Cheifetz, MD

5:15 p.m.

Glenn Netto, MD Reception
A gathering of friends and colleagues
GIOVANNI'S DINING ROOM

OSF May Day Medical Conference



Friday, May 3

7 – 7:45 a.m.

Registration/Light Breakfast
EXHIBIT HALL

7:45 – 8 a.m.

Opening Remarks
GENERAL BALLROOM

8 – 9 a.m.

“In Search of Joy in Medicine”
Christine A. Sinsky, MD

9:05 – 10:05 a.m.

“Alzheimer’s Disease”
Julia M. Biernot, MD

10:05 – 10:35 a.m.

Exhibit Hall & Break

10:35 – 11:35 a.m. **CONCURRENT SESSIONS**

“Physician and APP Collaboration”
Muhammad Habib, MD
Thomas S. Magerl, APRN
BALLROOMS 3 & 4
“Review of Interventional Nephrology”
John C. Maynard, MD
ALEX/GRACEFFA

11:45 a.m.

Lunch
GENERAL BALLROOM

12:15 – 1:15 p.m.

Raymond E. Hoffmann Jr., MD Memorial Lecture
“Racial Disparities in Women’s Health”
Katherine M. Tynus, MD

1:25 – 2:25 p.m. **CONCURRENT SESSIONS**

“Minimally Invasive Heart Surgery”
David G. Cable, MD
BALLROOMS 3 & 4
“Pediatric Asthma”
Asma S. Khan, MD
ALEX/GRACEFFA

2:35 – 3:35 p.m.

“Why Every Physician is a Psychiatrist”
Chrisantha E. Anandappa, MD
GENERAL BALLROOM

3:45 – 4:45 p.m.

“The Principles of Fibromyalgia”
Arthur M. Mandelin, MD, PhD

4:45 – 5 p.m.

Closing Remarks

CONFERENCE FACULTY

“Why Every Physician is a Psychiatrist”

Chrisantha E. Anandappa, MD

Clinical Assistant Professor, Department of Psychiatry & Behavioral Neurosciences, Loyola University Stritch School of Medicine

Adult, Adolescent and Forensic Psychiatry, Compass Health Center, LLC

Chicago, Illinois

“Minimally Invasive Heart Surgery”

David G. Cable, MD

OSF HealthCare Cardiovascular Institute

Rockford, Illinois

“Inflammatory Bowel Disease: What Clinicians Should Know”

Adam S. Cheifetz, MD

Associate Professor in Medicine, Division of Gastroenterology, Harvard Medical School

Attending Physician at Beth Israel Deaconess Medical Center

Boston, Massachusetts

“Physician APP Collaboration”

Muhammad A. Habib, MD

Thomas A. Magerl, NP

OSF HealthCare Medical Group
– Rock Cut Primary Care

Rockford, Illinois

“Medical Ethics in the Age of the EMR and Social Media”

Lauris C. Kaldjian, MD, PhD

Richard M. Caplan Chair in Biomedical Ethics and Medical Humanities

Professor - University of Iowa Carver College of Medicine

Physician-Ethicist, Program in Bioethics and Humanities, University of Iowa Carver College of Medicine

Attending Physician and Ethics Consultant, University of Iowa Hospitals and Clinics

Iowa City, Iowa

“Pediatric Asthma”

Asma S. Khan, MD

Pediatrician, OSF HealthCare Medical Group – Parkview

Rockford, Illinois

“The Principles of Fibromyalgia”

Arthur M. Mandelin, MD, PhD

Associate Professor of Medicine Rheumatology, Northwestern Feinberg School of Medicine, Northwestern Memorial Hospital

Chicago, Illinois

“Review of Interventional Nephrology”

John C. Maynard, MD

Clinical Associate Professor of Medicine

UICOM-R

Rockford Nephrology Associates

Rockford, Illinois

“In Search of Joy in Medicine”

Christine A. Sinsky, MD

Vice President, Professional Satisfaction

Advisory Panel on Physician Satisfaction, American Medical Association

Internist, Medical Associates Clinic and Health Plans

Chicago, Illinois

“Illinois Medical Marijuana Update and Concerns”

“Current Trends in Drug Abuse: Designer Drug Challenges”

Bruce R. Talbot

State of Illinois and U.S. Department of Transportation certificate as a law enforcement trainer

27-year veteran police officer, Chicago Metropolitan Area

Bruce R. Talbot Associates

Cape Coral, Florida

“Racial Disparities in Women’s Health”

Katherine M. Tynus, MD

2018 Illinois State Medical Society President

Clinical Assistant Professor of Medicine, Northwestern Feinberg School of Medicine

Chicago, Illinois



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Giovanni's Restaurant and Conference Center

610 N. Bell School Rd.
Rockford, Illinois
(815) 398-6411

Online Registration
osfhealthcare.org/mayday

Phone Registration
(815) 395-5190

Mail Registration
OSF Saint Anthony Medical Center
Department of Medical Education
5666 E. State St.
Rockford, IL 61108-2425

CONFERENCE REGISTRATION

Name _____ Title _____

Address _____

City _____ State _____ Zip _____ Daytime phone (_____) _____

Email address _____

☐ I prefer a VEGAN meal

Conference Fees

Physician – \$250

Retired Physician – \$125

Resident – \$150

Advanced Practice Providers – \$150

Nurse/Allied Health Professional – \$125

Students – \$75

(Students must indicate the school and program in which they are enrolled)



Payment Information

Pay by Check (*Payable to OSF Saint Anthony Medical Center, Medical Education*),
Visa, MasterCard or Discover. Credit or debit card payments must be paid online
at osfhealthcare.org/mayday.

For conference information, please contact Sonia Pofelski at (815) 395-5190 or sonia.pofelski@osfhealthcare.org.

An additional \$25 fee will be added for conference registrations received **after April 27, 2019**.

Cancellation Policy: To receive a conference refund, you must cancel **by April 27, 2019**
by calling (815) 395-5190 or emailing sonia.pofelski@osfhealthcare.org.

