Happy Spring!

ANNOUNCEMENTS

- We have appreciated your patience and understanding during the pandemic. We also want to thank you for helping us adhere to the guidelines we follow by assuring that everyone continues to mask-up!
- We want to wish all of you a very Happy Mother’s Day and Father’s Day! The activities for these events are currently being planned.
- We will be CLOSED on Monday, May 30th, in honor of Memorial Day and will be CLOSED on Monday, July 4th, in honor of the Fourth of July.
- The garden will soon be transforming with the help of our participants. Thanks to the generous families who recently donated funds to help!
- OSF Senior World staff are pleased to announce a new addition to our family! Supervisor, Courtney Spears, is expecting! We wish her the best, and we can’t wait to meet Baby Spears in August 2022!

REMINDERS

- Lanyard/Mask - Please make sure that your loved one continues to wear their lanyard and mask to and from the center.
- Emergency Numbers – Continue to keep us notified of any changes in your emergency phone numbers. This ensures that we can reach you without delay in the event of an emergency.
- Scheduling - Call us as soon as possible in the event of any changes to your schedule. Voice mail is available after hours. Otherwise, call us no later than 9:00 a.m. that day. This is especially important for those using transportation services to avoid unnecessary trips.
- Billing/Payment - Senior World is now accepting payments on-site for its private pay billing; however, we can only accept checks that are for the exact amount. We hope this makes your payment experience easier and more convenient.

CAREGIVER CORNER

- Caregiver Chat – We are excited to announce that Senior World will begin offering its caregiver chats again soon! This group offers caregivers an opportunity to engage with other caregivers in a safe, non-judgmental environment. Attached is a survey to help us determine what day and time frame will work the best for this meeting. Please complete and return the survey by April 22, 2022.
- Transportation –TransDev/CityLift is now offering a mobile app! This new app allows for booking, viewing and canceling trips through the app. Although Senior World participants do not need to book or cancel their trips to and from the center, the ability to view their trip and its progress has been very helpful. Anyone interested in acquiring this app needs to reach out to TransDev/CityLift’s dispatch or management team with their personal email address. The Senior World Social Services team is also available to help, if needed. Please reach out to us if you have any questions.
- Please see the attached flyer and video below: https://player.vimeo.com/video/96231635
ACTIVITIES WITH LIBBY AND KOURTNEY

Senior World is jumping into SPRING! We are very excited to celebrate the upcoming holidays, and enjoy the beautiful weather outside with all of our participants. Here is a glimpse at a few of the activities we have planned:

- Garden Parties
- Easter Egg hunts
- Cookie Decorating
- Bouquet Making
- Ice Cream Socials

Finally, we want to remind you to review the monthly activity calendar we send home, and/or view the calendar online at www.osfhealthcare.org/adult-day/.

NURSING TIDBITS

National Prescription Drug Take Back Day is April 30, 2022.

This day has been established to bring awareness to the importance of safely and responsibly disposing of unused or expired prescription drugs. Drug take back day is also a time to remind the public of the potential of abuse of prescription medications. Most people who abuse prescription drugs obtain them from family and friends. Please consider how you keep track of and store your current medications for your safety and the safety of others. Several of the local Walgreens have a Medication Disposal Kiosk for easy and convenient disposal of unused and expired medications.

QUOTE OF THE MONTH

If Alzheimer’s could speak…
Talk to me...
Smile at me...
Hold my hand...
Love me...
Live your life...
Trust the process...

Alzheimer’s Inspiration