When to come:
Please arrive 15 minutes before your appointment time to check in.

Preparation:
There is no preparation for a nuclear medicine bone scan.

Family:
Family or friends are asked to stay in the waiting area during the test.

Pregnancy testing:
Pregnancy testing will now be performed on females receiving diagnostics between the ages of 10 and 55 if you have not had your tubes tied or a hysterectomy. Home pregnancy tests are not acceptable. If you know that you are pregnant, please notify your doctor.

Medications:
Follow instructions given by your doctor’s office.

Test instructions:
You will be injected with a small amount of radioactive material in a vein in your arm. There are no side effects from the injection of the radioactive material. It is not a drug or a dye. Pictures may be taken during the injection.

After the injection, you are free to do as you wish. You will need to return to the OSF Saint Anthony Medical Center waiting area 3 hours after the injection for the rest of the pictures to be taken. The total time for taking these pictures is 30-45 minutes.

Test results:
A nuclear radiologist – a doctor specializing in nuclear medicine studies - will read your study and a report will be sent to your ordering doctor. You can make plans with your ordering doctor on how to receive your test results.

After test instructions:
You may resume your normal activity.