



## Monitoring Attestation and Symptom Monitoring Process Instructions

1. A EMS Provider who meets any of the criteria for self-monitoring & reporting should complete the Monitoring Attestation Form. It is very important to indicate any and all applicable scenarios that apply to you on that form. Follow the instructions associated with each scenario on the form. E-Mail the completed attestation form to your agency's designated contact person. **Use "COVID-19 Monitoring" in the email subject line.** Timely reporting is essential in order for your agency to have the most up-to-date list and status of EMS Providers who are self-monitoring and reporting.
2. EMS Provider will utilize the Symptom Monitoring Log to record their symptoms twice a day, 12 hours apart, and send it to their agency's designated contact daily. If the EMS Provider is working, they need to submit the form to their agency contact before they begin their shift, so the agency can verify they are not exhibiting symptoms. If the agency's designated contact will not be available to receive the form at the agreed upon time each day, the leader should assign a designee such as a supervisor, or lead to receive the form.
3. When the EMS Provider has completed their Symptom Monitoring Log for the required time-frame (generally 14 days when asymptomatic or when symptomatic at least 7 days from onset of symptoms or 3 days without a fever), their agency should keep the original copy and notify the PAEMS of the providers completion.



## Return to Work Process

**Travel to a Warning Level 3 area** - For EMS Providers who have been off of work, as long as they have not developed symptoms as reported on the tracking log, they may return to work after the 14 days of self-monitoring and reporting.

Agency Leadership and the EMS Provider will coordinate this directly. If you have any questions, you may reach out to the Peoria Area EMS Office at (309) 655-2113. If not, please proceed with returning the EMS Provider to work.

**Symptomatic** - For EMS Providers who have reported symptoms on the Symptom Monitoring Log, they should remain off work and continue to self-monitor symptoms. The EMS Agency may approve for the Provider to return after 7 days after the onset of illness, or after 3 days after the resolution of fever, whichever is longer, AND if there has been resolution or improvement in respiratory symptoms.

*(note: If at any time the EMS Provider's symptoms worsen or become severe, as in any medical situation, they should seek medical advisement from their Healthcare provider.)*

**Asymptomatic** – EMS Providers who had a medium or high risk exposure, as long as they have not developed symptoms, may return to work after the 14 days of self-monitoring and reporting. the EMS Agency and Provider will coordinate this directly.