



Welcome to the OSF Saint Anthony Medical Center Nuclear Medicine Department.

This information will help you understand the test that has been scheduled.  
Thank you for trusting OSF for your medical imaging needs.

**When to come:**

Please arrive 15 minutes before your appointment time to check in.

**What to bring with you:**

Nothing

**Preparation:**

You cannot eat, drink, smoke, or chew gum overnight or 12 hours prior to exam or during the exam.

**Family:**

Family or friends are asked to stay in the waiting area during the test.

**Pregnancy testing:**

Pregnancy testing will now be performed on females receiving diagnostics between the ages of 10 and 55 if you have not had your tubes tied or a hysterectomy. Home pregnancy tests are not acceptable. If you know that you are pregnant, please notify your doctor.

**Medications:**

Do not take any medications the morning of the exam.

Medications that affect the stomach should be not be taken 24 hours prior to the exam.

DO NOT STOP taking any medications, unless you have prior approval from your doctor.

If necessary you may bring medications with you, so you may take them immediately after the exam.

**Allergies:**

If you have an allergy to eggs, please let the scheduler know when scheduling the exam.

**Test instructions:**

You will eat 2 scrambled eggs. The eggs will contain a small amount of radioactive material that allows us to see the eggs as they pass through the stomach. There are no side effects from the injection of the radioactive material. It is not a drug or a dye.

Along with the eggs you will be allowed to drink 4 ounces of water. Once the eggs are eaten, there will be a series of pictures taken over the next 2 hours. The pictures are spaced out over the 2 hours and there will be a lot of time spent in the waiting room. The patient is not allowed to eat, drink, chew gum or smoke anything until those 2 hours of imaging have been completed.

**After test instructions:**

You may resume normal activity.

**Test results:**

A nuclear radiologist – a doctor specialized in nuclear medicine - will read your study and a report will then be sent to your ordering doctor. You can make plans with your ordering doctor on how to receive your test results.