**McLean County**
Population 174,090

- **MEDIAN AGE**: 34.4 vs. 39.2
- **UNEMPLOYED**: 5.18% vs. 2.8%
- **SINGLE PARENT HOUSEHOLDS**: 25% vs. 22.2%
- **HOUSEHOLDS**: 67,245 vs. 4,865,529
- **MEDIAN HOUSEHOLD INCOME**: $76,001 vs. $73,004
- **PEOPLE LIVING BELOW FEDERAL POVERTY LINE**: 12% vs. 15.2%
- **PERSONS WITH A DISABILITY LIVING IN POVERTY**: 25.2%
- **UNEMPLOYED**: 5.18%

**State of Illinois**

- **MEDIAN AGE**: 39.2
- **UNEMPLOYED**: 2.8%
- **SINGLE PARENT HOUSEHOLDS**: 22.2%
- **HOUSEHOLDS**: 4,865,529
- **MEDIAN HOUSEHOLD INCOME**: $76,001
- **PEOPLE LIVING BELOW FEDERAL POVERTY LINE**: 12%
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2021 MCLEAN COUNTY COMMUNITY HEALTH SURVEY

- 763 respondents (650 general population + 113 at-risk population)
- 2 month survey period (August – September 2021)

PERCEPTION OF FIVE BIGGEST HEALTH ISSUES IN OUR COMMUNITY

- Mental Health 26%
- Obesity/Overweight 16%
- Aging Issues 10%
- Diabetes 7%
- Viruses/COVID-19 14%

PERCEPTION OF THREE UNHEALTHIEST BEHAVIORS

- Drug abuse - illegal 14%
- Alcohol abuse 15%
- Poor eating habits 15%

THREE MOST IMPORTANT FACTORS THAT WOULD IMPROVE WELLBEING

- Access to Health Services 20%
- Healthy Food Choices 14%
- Less Hatred 11%
**Top 7 Issues**

- Access to Care
- Behavioral Health (Mental Health and Substance Use)
- Healthy Eating/Active Living (Exercise, Nutrition, Obesity and Food Access/Insecurity)
- Heart Disease
- Oral Health
- Respiratory Disease
- Diabetes

**Top 3 Issues Identified as Priority Focus Area**

- Access to Care
- Behavioral Health (Mental Health and Substance Use)
- Healthy Eating/Active Living (Exercise, Nutrition, Obesity and Food Access/Insecurity)
McLean County is in the worst 50th - 75th percentile compared to other counties in Illinois for:

- ER rate due to adult mental health
- ER rate due to substance use
- ER rate due to opioid use
- Deaths due to drug poisoning
- Adults who smoke
- Teens who use marijuana, smoke or use alcohol
- Death rate due to suicide

McLean County is in the worst 25th percentile compared to other counties in Illinois for:

- ER visits due to adolescent (10-17 years) suicide and intentional self-inflicted injury
- ER visits due to alcohol use and adults who binge drink (18+ years)

An average of 40% of youth surveyed reported feeling sad or hopeless

An average of 15% of youth surveyed reported seriously considering attempting suicide

McLean County is in the worst 50th - 75th percentile for age-adjusted ER visits due to pediatric (< age 18) mental health and adult suicide and intentional self-inflicted injuries compared to other counties in Illinois.

18% of McLean County adults surveyed rated their mental health as poor
20% of survey respondents rated “ACCESS TO HEALTH SERVICES” as an issue that impacts well-being.

**REASONS** survey respondents reported not accessing medical care were:
- TOO LONG TO WAIT
- COULD NOT AFFORD COPAY

18% of survey respondents reported not having access to dental care.

16% of at-risk County residents surveyed reported that the EMERGENCY DEPARTMENT was their primary choice of medical care...

...as compared to 4% of the general population.

McLean County is ranked as #2 in the State of Illinois for clinical care.
• **86%** of McLean County residents are not meeting exercise guidelines (150 minutes per week); **28%** report being too tired to exercise, **23%** report they don’t like to exercise

• **94%** of McLean County residents do not consume 5+ servings of fruit and vegetables per day; citing transportation issues or “don’t like”

• **9.5%** of people in McLean County experience food insecurity

• **31%** of adults (18+) are obese; **34.6%** of adults (18+) are obese in the 10 socioneeds ZIP codes with a 4-5 ranking

• **27%** of 8th, 10th and 12th graders reported being physically active for a total of 60 minutes per day for 7 days a week

• McLean County is in the **worst 25th percentile** compared to other IL counties for access to a grocery store

• **84%** of McLean County residents live reasonably close to a park or recreation facility
MCLEAN COUNTY COMMUNITY HEALTH COUNCIL MEMBERS

- Black Business Association
- Bloomington Housing Authority
- Bloomington Normal Boys & Girls Club
- Bloomington Normal Economic Development Council
- Bloomington Normal Faith in Action
- Bloomington Township
- Carle BroMenn Medical Center
- Carle Cancer Institute
- Chestnut Health Systems
- Children’s Home + Aid
- City of Bloomington
- Connect Transit
- District 87 Schools
- East Central Illinois Area Agency on Aging
- EasterSeals of Central Illinois
- ForeFront
- Heartland Community College
- Home Sweet Home Ministries
- Illinois Farm Bureau
- Illinois State University
- Illinois State University Mennonite College of Nursing
- Illinois State University School of Social Work
- Illinois Wesleyan University
- Integrity Counseling
- Marcfirst
- Marcfirst SPICE
- McLean County Center for Human Services
- McLean County Government
- McLean County Health Department
- McLean County Regional Planning Commission
- McLean County Sheriff
- Mid Central Community Action
- NAACP of Bloomington Normal
- OSF HealthCare System
- OSF St. Joseph Medical Center
- Project Oz
- Regional Office of Education
- Town of Normal
- The Baby Fold
- The Black Nurses Association of Central Illinois
- The Links Incorporated
- Unit 5 Schools
- Unity 5 Schools
- United Way of McLean County
- University of Illinois
- West Bloomington Revitalization Project
- Western Avenue Community Center
- YMCA
- Youth Build
- YWCA

Summary data is from the 2022 McLean County Community Health Needs Assessment full report.

The full CHNA Report is available on each organization's website at:
Carle BroMenn Medical Center: carle.org/about-us/Community-Health-Needs-Assessments
McLean County Health Department: health.mcleancountyil.gov/
OSF St. Joseph Medical Center: www.osfhealthcare.org/about/community-health/