## COMMUNITY HEALTH NEEDS ASSESSMENT

## MCLEAN COUNTY/ILLINOIS

2016







Advocate BroMenn Medical Center



## **Executive Summary**

BroMenn Medical Center, the McLean County Health Department, OSF St. Joseph Medical Center and United Way of McLean County collaborated together for the first time for the 2016 McLean County Community Health Needs Assessment. This exciting and unique opportunity was possible, according to the final rules of the Patient Protection and Affordable Care Act, as all four entities define their service area as McLean County. The goals of the collaborative are as follows:

- Establish the McLean County Community Health Council
- Analyze data collectively
- Prioritize and select the top three health needs for McLean County
- Generate one community health needs assessment for McLean County
- Work collaboratively on a community health implementation plan addressing each of the top three health priorities with other key community stakeholders

At least one member from each of the four organizations made up the Executive Steering Committee. The steering committee analyzed an extensive quantity of both primary and secondary data from July, 2015 to February, 2016. Due to the availability of new datasets, the steering committee was able to analyze data at a more detailed level and identify health disparities for gender, age, race/ethnicity, and zip code for a variety of health outcomes.

In February, 2016, the Executive Steering Committee presented 13 health issues to the McLean County Community Health Council that the data suggested were health problems. The McLean County Community Health Council consists of 33 individuals from 13 organizations in McLean County representing public entities, faith-based and private organizations, social service organizations, healthcare facilities and city and regional planning. Although a standard prioritization methodology was not utilized at this stage in the process, the following factors were taken into consideration in the decision making process when analyzing the data:

- Trending unfavorably overall
- Worse than state, national, and/or Healthy People 2020 goals
- Demonstrating significant local disparities

The 13 issues that rose to the top as potential health concerns for McLean County are listed below in alphabetical order:

- Alzheimer's and Dementia
- Birth Outcomes
- Cancer
- Cesarean Section
- Heart Disease
- Mental Health
- Obesity
- Oral Health
- Radon

- Respiratory Disease
- Sexually Transmitted Diseases
- Substance Abuse
- Violent Crime

During the first McLean County Community Health Council meeting robust data was presented on the 13 health issues which were then narrowed down to six health issues to be prioritized during the next meeting. It is important to note that although it was not presented as one of the 13 health concerns, access to appropriate healthcare continually came up as an important issue during group discussion. It was decided upon by the group that this would be added as one of the health issues to be voted on in addition to the 13 issues presented. Additionally, council members were informed that they could combine any issues they felt were appropriate. For example, council members could vote for mental health or they could combine mental health and substance abuse and vote for behavioral health. Discussion also occurred during the meeting that diabetes, cancer and heart disease could all fall under obesity if selected as one of the six priorities on which to vote because reducing obesity could positively impact the incidence of each of the above diseases. After council members voted, the results of the top six issues prioritized at the next meeting were as follows:

- Access to Appropriate Healthcare for the Underserved and Areas of High Socioeconomic Needs
- Behavioral Health (Mental Health and Substance Abuse)
- Birth Outcomes
- Obesity
- Oral Health
- Respiratory Disease

The Hanlon Method was utilized during the prioritization meeting to select the top three health priorities for McLean County. The following three health priorities were selected by the McLean County Community Health Council for the 2016 McLean County Community Health Needs Assessment:

- Access to Appropriate Healthcare for the Underserved and Areas of High Socioeconomic Need
- Behavioral Health (including Mental Health and Substance Abuse)
- Obesity

The three health issues that were not selected were birth outcomes, oral health and respiratory disease. The council acknowledged the importance of all three of these issues, but the prioritization scores for the three selected issues were higher than those for the issues not selected.

After identification of the top three health priorities, the next step in the process included pulling key stakeholders together to set high level goals for each health priority. A separate meeting was held for each health priority, during the month of April, 2016, to discuss appropriate community goals for each initiative. The goals for each of the health priorities identified are listed below:

<u>Access to Appropriate Healthcare Goal</u>: By 2020, decrease barriers to utilizing primary care in 61701 in order to reduce use of hospital emergency departments for non-emergent conditions.

<u>Behavioral Health Goal #1</u>: By 2020, increase coping skills to reduce deaths due to suicide and emergency room visits due to self-inflicted injury and alcohol abuse.

Behavioral Health Goal #2: By 2020, reduce behavioral health stigma to increase earlier access to care.

<u>Obesity Goal</u>: By 2020, pursue policy, system and environmental changes to maintain or increase the percentage of people living at a healthy body weight in McLean County.

In the fall of 2016, the community health implementation plan will be developed as implementation groups begin working on setting specific objectives towards achieving the goals and identifying intervention strategies. Notably, the partners involved in the Executive Steering Committee and the City of Bloomington Community Development Division were recently awarded the "Invest Health" grant funded by the Robert Wood Johnson Foundation and Reinvestment Fund. Through this grant, the Invest Health team will bring together disparate sectors of the community to identify and create built environment changes in Bloomington to increase access to healthcare and access healthy foods. McLean County is well poised to make meaningful progress due to the innovative collaboration among BroMenn Medical Center, the McLean County Health Department, St. Joseph Medical Center and United Way of McLean County, all of whom are eager to continue their mission and journey in helping to improve the health and well-being of the individuals in McLean County.