



SEPTEMBER 2018

OSF Healing Pathways

PROGRAM SCHEDULE

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<p><b>3</b></p> <p><b>In observance of Labor Day, our office will be closed September 3<sup>rd</sup>, 2018.</b></p>	<p><b>4</b></p> <p><u>1:00pm-2:00pm</u> Survivorship Video Series &amp; Discussion</p>	<p><b>5</b></p>	<p><b>6</b> <u>9:00am-11:00am</u> Reflexology ☎</p> <p>Stretch &amp; Balance Flows &amp; Guided Imagery cancelled</p>	<p><b>7</b></p> <p>By appointment only</p>
<p><b>10</b></p>	<p><b>11</b></p> <p><u>1:00pm-2:00pm</u> Survivorship Video Series &amp; Discussion</p>	<p><b>12</b></p> <p><u>1:00pm-2:30pm</u> Women's Support Group</p> <p><u>2:30pm-3:30pm</u> Creativity to Heal</p>	<p><b>13</b> <u>10:30am-1:00pm</u> Massage ☎</p> <p><u>1:00pm-1:50pm</u> Stretch &amp; Balance Flows</p> <p><u>2:00pm-3:00pm</u> Guided Imagery</p>	<p><b>14</b></p> <p>By appointment only</p>
<p><b>17</b></p>	<p><b>18</b></p> <p><u>1:00pm-2:00pm</u> ☎ Journey to Wholeness</p>	<p><b>19</b></p>	<p><b>20</b></p> <p><u>1:00pm-1:50pm</u> Stretch &amp; Balance Flows</p> <p><u>2:00pm-3:00pm</u> Guided Imagery</p>	<p><b>21</b></p> <p>By appointment only</p>
<p><b>24</b></p> <p><u>2:00pm-4:00pm</u> Look Good, Feel Better Held at OSF Healing Pathways For registration information for this program, please call <b>The American Cancer Society</b> <b>1-800-227-2345</b></p>	<p><b>25</b></p> <p><u>11:00am-1:00pm</u> ☎ Lunch &amp; Learn: Creative Ideas for Coping with Grief &amp; Loss</p>	<p><b>26</b></p>	<p><b>27</b> <u>10:30am-1:00pm</u> Massage ☎</p> <p><u>1:00pm-1:50pm</u> Stretch &amp; Balance Flows</p> <p><u>2:00pm-3:00pm</u> Guided Imagery</p> <p><u>4:00pm-6:00pm</u> Massage ☎</p>	<p><b>28</b></p> <p>By appointment only</p>



**During the month of September we heighten our awareness of many types of cancer. September is Childhood Cancer Awareness Month, Gynecologic Cancer Awareness Month, Blood Cancer/Leukemia & Lymphoma Awareness Month, Ovarian Cancer Awareness Month, Prostate Cancer Awareness Month, and Thyroid Cancer Awareness Month. We honor the memory of loved ones who battled these cancers, and stand with the survivors among us who continue to fight courageously.**

OSF Healing Pathways Cancer Resource Center – 5668 E State Street, Suite 2700 – Rockford, IL 61108 – 815-977-4123

HOURS: Monday-Thursday 9am-4pm; Fridays by Appointment only. – [www.osfsaintanthony.org/pathways](http://www.osfsaintanthony.org/pathways)