Welcome to the OSF Saint Anthony Medical Center CT Department.

This information will help you understand the test that has been scheduled. Thank you for trusting OSF for your medical imaging needs.

**When to come:**
Please arrive 15 minutes before your appointment time if you already pre-registered.

**Preparation:**
Do not eat or drink anything except E-Z CAT Dry 4 hours prior to your appointment time.

**Drink the first dose of E-Z CAT DRY:** before going to bed the night before your CT appointment date.

**Drink the first dose of E-Z CAT DRY at:** one hour before your appointment time.

**Instructions for mixing E-Z CAT Dry**
- Pour 2 cups of water into a covered container
- Add contents of one packet
- Shake well
- Let stand for 5 minutes
- Shake again
- Repeat steps for second dose

E-Z CAT Dry may be mixed in advance and kept in your refrigerator. Chilling it may also make it taste better. Do not dilute or add ice to the contrast. You will receive an additional glass of contrast right before your scan begins.

If you are diabetic, allergic to iodine, or could be pregnant, please call your doctor before your scheduled test date.