

Mask Sewing Instructions



What you will need

- Cotton fabric for outer layer
- Polyester fabric for inner lining such as non-woven interfacing (spun poly blend)
 - | Use cotton fabric layers in place of polyester fabric.
(Two layers of cotton T-shirt fabric would be used based on the filtration and breathability.)
- Rope elastic, beading cord elastic will work (you may also use 1/8" flat elastic; latex free preferred)
 - | Use fabric ties in place of elastic.
(Use four 18-inch strips, and sew one to each edge in place of elastic. Ties should be made of a fabric that will remain tied tightly, such as shoelaces or other stretchable cotton-blend fabrics.)
- Cut the elastic 7" long and tie a knot at each end (DO NOT knot the ends of the flat)

You can make two sizes: adult or child

1. Put right sides of fabric layers together cut to size. We recommend one layer of the outer fabric and two layers of the inner lining.

Sizes:

Adult Size Cut (9 inches by 6 inches)

Child Size (7.5 inches by 5 inches)

Hint: Be sure any fabric design is placed horizontally.

2. Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic or tie with the edge out into the corner. A few stitches forward and back will hold this.
3. Sew to the next corner, stop, and bring the other end of the same elastic or your second tie to the corner and sew a few stitches forward and back.
4. Now sew across the top of the mask to the next corner. Again put an elastic or third tie with the edge out.
5. Sew to the next corner and sew in the other end of the same elastic or your fourth tie.
6. Sew across the bottom leaving about 1.5 to 2 inches open. Stop, cut the thread.
Turn inside out. Pin three tucks on each side of the mask. Make sure the tucks are the same direction.
7. Sew around the edge of the mask twice.

It is so easy to make this.

