



# Advance Care Planning

## Using the OSF Care Decisions® Model

### What is OSF Care Decisions®?

OSF Care Decisions® is an advance care planning model that uses trained advance care planning facilitators to help patients talk about their future health care decisions with family members and health care providers, and then complete a Power of Attorney for Health Care document.

### What is advance care planning?

Advance care planning is thinking about your personal values, beliefs and preferences for care at end of life and then discussing them with your family and health care providers. It is also learning about your current state of health and what specific care decisions you may need to make in the future.

### What is the purpose of advance care planning?

The purpose of advance care planning is to give you a say in the care decisions that are made at the end of your life if you can no longer speak for yourself. It is more than completing a Power of Attorney for Health Care form or a Living Will.

### What if I already have a Power of Attorney for Health Care form or Living Will completed?

You can still benefit from this service by having an OSF facilitator lead an advance care planning discussion with you, your agent or advocate, and family. They can also review your existing form for accuracy and update to a new version of the form if you desire.

### How will my agent know what care decisions to make?

They will know what decisions to make because of the ongoing conversations they have had with you. Your doctor will also be able to tell your agent about your condition, as well as the risks and benefits of certain treatments. Your agent can speak to an ethical or spiritual advisor if they have questions about the care decisions they believe you would have wanted.

#### Questions?

Call 309-624-6002 or visit  
[osfsupportivecare.org](http://osfsupportivecare.org)



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SUPPORTIVE CARE

## What happens if I can't make my own health care decisions and do not have a Power of Attorney for Health Care Agent?

State law would be used to identify a surrogate (decision maker) for you. This person may or may not know what kind of care you want at end of life and what decisions you would want to make.

## How do I schedule an appointment for OSF Care Decisions® advance care planning?

You can tell your doctor, nurse, or social worker that you would like to do this or you can call the OSF Supportive Care division at 309-624-6002.

## Is there a cost for this service?

At this time, OSF is providing this service free of charge.

*The OSF Care Decisions facilitator was wonderful in helping my husband and me talk with one another. We each had different wishes about care at end-of-life. Her gentle questions helped us to be sure we heard, understood and agreed to carry out each other's wishes.*

*-OSF Patient*