



## SAINT ANTHONY MEDICAL CENTER

## Diagnostic Radiology (X-Ray) Department

815-395-5433

### Test Name:

Esophagus (Swallowing Test), Upper GI (UGI), and/or Upper GI (UGI) with Esophagus

Welcome to the OSF Saint Anthony Medical Center Diagnostic Radiology Department.

You have been scheduled to have a **Esophagus** (also called a swallowing test), Upper GI or the combination of both Esophagus and Upper GI. These are diagnostic tests using fluoroscopy (a form of x-ray).

This information will help you understand the test that has been scheduled.

Thank you for trusting OSF for your medical imaging needs.

### When to come:

Please arrive 15 minutes before your appointment time to check in.

### What to Bring with You:

You may have had x-rays done at a hospital other than OSF Saint Anthony Medical Center. Please bring copies of the pictures with you the day of the test. You may also request that the doctor's office send the pictures or results to OSF Saint Anthony Medical Center before your test

### Preparation:

You cannot have anything to eat or drink after 10 pm the day before your test.

Please do not schedule this test for at least 3 days after any other barium tests.

### Jewelry:

Please remove all jewelry from your head, mouth, neck, chest, and belly before the test.

### Family:

Family or friends may be asked to stay in the waiting area during the test

### Pregnancy Testing:

Pregnancy testing will now be performed on females receiving diagnostics between the ages of 10 and 55 years old if you have not had your tubes tied or a hysterectomy. Home pregnancy tests are not acceptable. If you know that you are pregnant, please notify your doctor.

### Medications:

You may take medications with 2 to 3 sips of water.

### Allergies:

You will receive contrast, called barium, as part of the test. Contrast is something given in order to see the body part on an X-ray. If you have any known allergies to Barium, please contact your ordering doctor. You may need to take special medications before having this test.

### Test Instructions:

You will be asked to wear a hospital gown during the test. Your test will take about 30-60 minutes. A registered X-ray technologist will help the radiologist (a doctor specializing in reading X-rays) with your test. You will lie on an x-ray table.

A radiologist may begin the test by asking you to drink fizzy granules that will put air in your stomach. Then the radiologist will have you drink liquid barium. Barium allows your stomach and esophagus to be seen on X-ray.

The radiologist will take pictures as the barium goes through the stomach. After the test has been reviewed by the radiologist, you may be asked to drink more barium for more pictures.

### After Test Instructions:

You should drink extra fluids for 1 to 2 days after a barium test. Your stools may be light in color and chalky. If your bowel movements are not normal within 24 hours, contact the ordering doctor for more instructions.

### Test Results:

Your test will be read by a radiologist who will complete a report that will be sent to your ordering doctor. You can make plans with your ordering doctor to receive your test results.