COMMUNITY HEALTH IMPROVEMENT PLAN

CHAMPAIGN COUNTY, ILLINOIS
2018-2020
The Champaign-Urbana Public Health District (CUPHD) is the local public health authority for Champaign County. CUPHD, in conjunction with Carle Foundation Hospital, OSF HealthCare Heart of Mary Medical Center (formerly Presence Covenant Medical Center), and United Way of Champaign County used the Mobilizing for Action through Planning and Partnership (MAPP) model, a community-based model that requires community engagement at all levels in order to conduct the Champaign Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP).

Since 2013, the Health District and Hospitals have moved from independently conducting the Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP) to a true collaborative model. Carle Hospital, OSF HealthCare Heart of Mary Medical Center, the local chapter of United Way, and the Health District formed an Executive Committee to conduct the CHA and CHIP to fulfill the requirements for certification.

Regional Executive Committee Members

- Julia Willis
  Community Health Plan Coordinator
- Awais Vaid
  Champaign-Urbana Public Health District
- Doug Toole
  Vermilion County Health Department
- Elizabeth Silver
  Carle Foundation Hospital
- Julie Pryde
  Champaign-Urbana Public Health District
- Melissa Rome
  Vermilion County Health Department
- Mike Billimack
  Carle Foundation Hospital
- Sheri McKiernan
  OSF HealthCare Heart of Mary Medical Center
- Sherri Askren
  United Way of Danville Area, Inc
- Sue Grey
  United Way of Champaign County
The Champaign County Community Health Plan was created using the Mobilizing for Action through Planning and Partnerships (MAPP) Model.

This collaborative approach to community health planning was developed by the National Association of County and City Health Officials (NACCHO) in cooperation with the Public Health Practice Program Office and the Centers for Disease Control and Prevention (CDC).

MAPP helps communities form effective partnerships that can better identify their unique circumstances and needs in order to use their resources wisely.
VISION

Champaign County will be the healthiest, safest, and most environmentally sustainable community to live, work, and visit in the State of Illinois.

PRIORITIES

Behavioral Health

Increase capacity, create a behavioral health triage center, and promote education and training on mental and behavioral health. Additionally, reduce stigma and provide youth targeted prevention programs.

Reducing Obesity & Promoting Healthy Lifestyles

Improve access to healthy food options, expand physical activity prescription program, and increase access to physical activity.

Violence

Promote police-community relations, increase community engagement, and reduce community violence through partnering with local initiatives.
OUR HEALTH STATUS

OF CHAMPAIGN COUNTY RESIDENTS WERE UNINSURED IN 2017, COMPARED TO 22% IN 2011

TEEN BIRTH RATE
(per 1,000 female population, ages 15-19)
IN CHAMPAIGN COUNTY

(18)

(18)

DRUG-RELATED DEATHS
IN CHAMPAIGN COUNTY
FROM 2011-2017

132

SUICIDE RATE
(per 100,000 population)
IN CHAMPAIGN COUNTY

12.9

VIOLENT CRIME RATE
(per 100,000 population)

526
In 2015, the 5 leading causes of death nationally were heart disease, cancer, chronic lower respiratory diseases, accidents (unintentional), and stroke.

Champaign county's leading causes of death in 2015 were similar, except for a few differences.
Life Expectancy for Champaign County 2011-2016

The average life expectancy for the U.S. population in 2016 was 78.6 years compared to that of Champaign County residents which ranged from a high of 88 to a low of 76 (2011-2016).

- **73%** of adults 18 yrs and above are overweight or obese.
- **41%** of kids 2-17 yrs of age are overweight or obese.
When compared to the State (IL), Champaign County has higher percentages of food insecurity, adult smoking, and sexually transmitted infections (/100,000). In contrast, the rates for HIV prevalence and excessive drinking are lower than the State average (2017 County Health Rankings).
**COMMUNITY HEALTH SURVEY**

- **700 RESIDENTS SURVEYED**
- **29 ZIPCODES REPRESENTED**
- **73% WHITE**
- **16% BLACK**
- **7% HISPANIC**
- **4% ASIAN**

**TOP 5 HEALTH CONCERNS OF CHAMPAIGN COUNTY SURVEY RESPONDENTS**

1. Mental Health: 445
2. Alcohol and Drug Abuse: 386
4. Obesity: 310
5. Domestic Violence: 285
WHAT THE COMMUNITY THINKS

81% are Satisfied with ACCESS to Health Care

79% are Satisfied with QUALITY of Health Care

51% are Satisfied with COST of Health Care
NEIGHBORHOOD CONCERNS

SAFETY

32% are Concerned/Very Concerned about the CRIME RATE

27% are Concerned/Very Concerned about the lack of CRIME PATROLS/BLOCK WATCHES

CONNECTIVITY

66% feel that ACCESS to Sidewalks is Good/Excellent

65% feel that ACCESS to Public Transportation is Good/Excellent
HEALTH BEHAVIORS OF SURVEY RESPONDENTS

FAST FOOD CONSUMPTION

- Never: 12%
- Less than once a week: 23%
- 1-3 days a week: 38%
- 4-6 days a week: 21%
- Every day: 7%

PHYSICAL ACTIVITY (30 min/each day)

- Never: 19%
- Less than once a week: 49%
- 1-3 days a week: 26%
- 4-6 days a week: 4%
- Every day: 1%
The Forces of Change Assessment identifies local, state and national forces such as social, economic, political and technological that is or will be influencing the health and quality of life of the community and the work of the local public health system.

52 Community Leaders provided input in identifying potential Forces of Change.
**PRIORITIES**

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Reduce Obesity and Promote Healthy Lifestyles

1. **GOALS**
   - By 2020, reduce by 1%, the proportion of adults in Champaign County who report fitting the criteria for obesity
   - By 2020, increase by 1%, the proportion of adolescents who report being at a healthy weight
   - By 2020, increase the Food Environment Index by 1

Increase Behavioral Health Awareness and Services

1. **GOALS**
   - Implement early intervention and assessment practices to reduce the impact of mental and substance use disorders
   - Promote community awareness about behavioral health
   - Expand current available treatment and develop new treatment services

Reduce Violence

1. **GOALS**
   - Decrease child abuse and neglect, gun violence, and domestic violence in the community by increasing community engagement, fostering better relationships between law enforcement and citizens, and implementing anti-violence initiatives
COMMUNITY PARTNERS

Carle Foundation Hospital
Champaign County Sheriff’s Office
Champaign County Board of Health
Champaign County Head Start
Champaign County Health Care Consumers
Champaign County Mental Health Board
Champaign County Regional Planning Commission
Champaign Park District
Champaign Police Department
Champaign-Urbana Public Health District
Christie Clinic
City of Champaign Neighborhood Services
City of Urbana
Community Gardens at Leirman
Court Appointed Special Advocates for Children
CRIS Healthy Aging
Crisis Nursery
C-U at Home
C-U Mass Transit District
Cunningham Children's Home
Developmental Services Center
Faith in Action
Family Resiliency Center
Family Service Center
Greater Community AIDS Project
Habitat for Humanity
Healthy Champaign County
Illinois Dental Society
Land of Lincoln Legal Assistance
McKinley Health Center
Midwest Center for Investigative Reporting
National Alliance on Mental Illness
OSF HealthCare Heart of Mary Medical Center
Parkland College
Prairie Center
Prosperity Garden
Rosecrance
United Way of Champaign County
University of Illinois College of Medicine
University of Illinois at Urbana Champaign
University of Illinois Extension Office
University of Illinois Police Department
Urbana Adult Education
Urbana Neighborhood Connections Center
Urbana Park District
Urbana School District
Wells Fargo
RESOURCES

To access a complete copy of the Champaign County Community Health Improvement Plan, please visit

www.c-uphd.org

For additional data about Champaign County, visit

www.countyhealthrankings.org
http://www.dph.illinois.gov/data-statistics

To learn more about the MAPP process,
visit the National Association of City and County Health Officials (NACCHO) at

www.naccho.org/topics/infrastructure/mapp