# Employee Health & Caring



**Cheerios** 

### **Our OSF Mission** & Core Value



- In the spirit of Christ and the example of Francis of Assisi, the Mission of OSF HealthCare is to serve persons with the greatest care and love in a community that celebrates the Gift of Life.
- One of our core values is the concern for the physical, spiritual, emotional, and economic well-being of employees/volunteers.
- Both include YOU!



#### Employee/Occupational Health, Creating a Culture of Health



- Starts at the time of volunteering.
- Provides an environment that supports healthy eating, physical activity, safety, stress management, and a smoke free campus.



 OSF SFMC cultivates healthy relationships, teamwork, and expansion of our mission through everything we do.



# 2 Locations for Employee/Occupational Health

Hours: Monday thru Friday, 6:30am – 5:00pm

- Employee Health Office
  First floor Gerlach Bldg.- lobby
  Phone: (309)655-2429
- Occupational Health Office
  100 N.E. Randolph St.
  Phone: (309)624-8525







#### **Required Immunizations**



- MMR (Measles, Mumps, Rubella)
- Flu (Annual)
- TDap (Tetanus, Diphtheria, Pertussis)
- Chicken Pox (Varicella)









- Do not come to volunteer if ill. Especially if vomiting, diarrhea, or fever in last 24 hrs.
- We do not treat personal illnesses, we will refer you to PCP (primary care provider).
- A provider's release or a note from Employee/Occupational Health is required after a volunteer has been off work for 3 or more consecutive work days.





- All work related injuries, including exposures, or anything that happens when volunteering that could or did result in an injury.
- Must let your Supervisor know in the area you are volunteering immediately. You will be sent to Occupational Health if it is during the day M-F or to Emergency Room if it is nighttime or on the weekends.
- Need to fill out a Verge report ASAP!



# How Infection is Transmitted



- Needle Sticks & Sharps
  - Hollow-bore needles
  - Solid Sharp (suture needle, scalpel)
- Body Fluid Transmission
  - Splash Exposure
  - Mucous Membrane Contact
  - Open Wound







## **Standard Precautions**



- Hand washing- with soap and water
- Personal Protective Equipment (PPE's)
  - Gloves
  - Mask
  - Gown
  - Face Shield or Goggles
  - Other Items As Needed
- Proper Handling and Disposing of Used Patient Materials





# **OSF and the RiverPlex**

- OSF & Peoria Park District (PPD) jointly operate the fitness center
- OSF Medical Exercise program, Arthritis Services, Weight Loss Center, Physical Therapy, Bariatric Support Services & Pulmonary & Cardiac Rehab
- Due to partnership, YOU reap discount benefits!
- All OSF employees/volunteers get 10% Corporate Discount





# Its about caring for *you...* our OSF Mission Partners!

