

# Employee Health

*Creating a Culture of Health & Caring*

OSF Saint Francis Medical Center



# Our OSF Mission & Core Value

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- *In the spirit of Christ and the example of Francis of Assisi, the Mission of OSF HealthCare is to serve persons with the greatest care and love in a community that celebrates the Gift of Life.*
- One of our core values is the **concern for the physical, spiritual, emotional, and economic well-being of employees.**
- **Both include YOU!**

# Employee Health, *Creating a Culture of Health*



- Starts at the time of employment/volunteering.
- Provides an environment that supports healthy eating, physical activity, safety, stress management, and a smoke free campus.
- OSF SFMC cultivates healthy relationships, teamwork, and expansion of our mission through everything we do.





Employee/  
Occupational  
Health

## 2 Locations for Employee/Occupational Health

- Hours at both: Monday - Friday, 6:30am – 5:00pm
- **Employee Health Office**  
First floor Gerlach Bldg.  
(across from Don's Bistro)  
Phone: (309)655-2429
- **Occupational Health Office**  
100 N.E. Randolph St.  
Phone: (309)624-8525



# Illnesses

- Do **not** come to work if ill. Especially if vomiting, diarrhea, or fever in **last 24 hrs.**
  - **Volunteer is responsible** for notifying the following:
    - Your area of your absence (Contact info provided to you during interview)
    - Volunteer Services (Email Nancy or Brenda)
    - Call Center sick line by dialing 888-627-5673 – Option #6
      - Anonymous
      - Collecting info about symptoms
      - Only if SICK with respiratory or GI symptoms
- A provider's release is required after an volunteer has been off for a hospitalization or surgery.

# Work/Volunteer-Related Injuries



- All work/volunteer related injuries, including exposures, or anything that happens on the job that could or did result in an injury.
- Must call: **1-888-6ASK-OSF**
- The call center RN will ask about your injury, provide treatment recommendations, help schedule related appointments, and initiate the reporting process.
- Also report injury to Volunteer Services

# Standard Precautions

- Hand washing
- Personal Protective Equipment (PPE's)
  - Gloves
  - Mask---Patient rooms requiring a mask be worn are **not to be entered** by a volunteer
  - Gown
  - Face Shield or Goggles
  - Other Items As Needed
- Proper Handling and Disposing of Used Patient Materials





# If You Are Exposed to Blood Borne Pathogens...



- Wash the wound with soap and water (for eyes: flush with water only)
- Alert your supervisor and identify the source patient
- Immediately call the OSF Call Center 1-888-6ASK-OSF for treatment steps
- Report to Employee/Occupational Health or ED as directed
- Obtain Packet from OSF Intranet Occupational Health home page (*Employee Health can assist you with paperwork*)
  - <http://myosf.osfhealthcare.org/sites/SFMC/OccHealth/default.aspx>

# Get Treatment ASAP



- **DO NOT DELAY!**
- Call the Call Center (1-888-6ASK-OSF), then
- Immediately report to **Employee**/Occupational Health, or Emergency Department for initial treatment as directed
- Post Exposure Prophylaxis (PEP) or preventative treatment for HIV **MUST** be administered ASAP after the exposure.

# Treatment Post Exposure

- All testing and counseling is confidential and at no cost to you the employee
- Initial and follow up testing will be determined at time of evaluation for exposure or by Employee Health
- Take precautions to avoid exposing others

# Reporting is Important

- Peminic Reporting is Necessary for:
  - Proper documentation
    - OSHA
    - Worker's Compensation
  - Employee Health will help with paperwork
- Blood Borne Pathogen Exposure Evaluation (4 pager) document is Necessary for Employee Health records
  - Proper treatment & follow-up



# Pre Volunteer Medical

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- Your primary care physician must clear you to perform various aspects and tasks of the volunteer role.
- Additionally, current immunization documentation must be provided.
- See attached form
- If you do not have a primary care physician, this will be addressed at the interview.

# Questions & Contact Information

- Questions???
- Need to stretch???
- Contact Information:
  - Pam Lichtenstein
    - 655-3050
  - Employee Health
    - 655-2429
  - Occupational Health
    - 624-8525



# Spiritual Health



- Steve Mattern, Vice President of Mission Development
- Weekly Catholic Masses
- Chapels
- Blessing of the Hands
- Prayer Boxes & Portal
- Mission Award





# OSF and the RiverPlex

- OSF & PPD jointly operate fitness center
- OSF Medical Exercise program, Arthritis Services, Weight Loss Center, Physical Therapy, Bariatric Support Services & Pulmonary & Cardiac Rehab
- Due to partnership, YOU reap discount benefits!
- All OSF employees and volunteers get 10% Corporate Discount

