

# CHERRY GORGONZOLA SALSA

Cherry Gorgonzola Salsa

*Gluten Free, Low Carb / Diabetes Friendly, Lower Saturated Fat, Lower Sodium, Vegetarian*

Serves: 8 (Serving= 1/4 cup)

## Nutrition (per serving)

Calories: 42	Total Carbohydrate: 6
Total Fat: 2 g	Dietary Fiber: 1 g
Saturated Fat: 1 g	Total Sugars: 4 g
Sodium: 57 mg	Protein: 2 g

## Ingredients

- 1 ½ cups sweet cherries, pitted and finely diced
- ¼ cup green onion, chopped
- 1 Tablespoon fresh mint, chopped
- 1/2 jalapeno, finely diced
- 1/3 cup crumbled gorgonzola cheese (or any other type of blue cheese)
- Juice of half a lime

## Directions

1. Combine all ingredients in a small bowl.
2. Option 1: Serve over fish, chicken or steak. Option 2: Eat as salsa with tortilla chips.