

# CHILI-LIME JICAMA

*Higher Fiber, Low Carb / Diabetes Friendly, Lower Saturated Fat, Lower Sodium, Vegetarian*

Serves: 1 cup

## **Nutrition (per serving)**

Calories: 51

Total Fat: 0 g

Sodium: 16 mg

Total Carbohydrate: 12

Dietary Fiber: 6 g

Protein: 1 g

## **Ingredients**

4 cups peels jicama, cut into bite size strips or small slices

1/4 cup fresh lime juice

1 tsp chili powder

## **Directions**

1. In a large bowl combine jicama, lime juice and chili powder. Toss to coat.