

# COVID-19 RISK LEVEL

## by Activity



- Going to a crowded bar or party
- Concerts or large events

**HIGH  
RISK**

- Shopping at a big box store
- Group playdate (10 or more)



- Dining at a restaurant indoors
- Working out in a gym

**MEDIUM  
RISK**

- Attending a small dinner party (indoors)
- Air travel



- Dining at a restaurant outdoors
- Car travel • Attending a backyard BBQ

**LOW  
RISK**

- Going to the grocery store
- Sleepover (less than 5 children)
- Pool or splash pads (less than 10 people)
- Salons or barbershops • Visiting a library

- Ordering food for takeout or delivery
- Working out at home
- Exercising on a trail or in a park
- Going to the doctor

**LOWEST  
RISK**



- Getting groceries delivered
- Outdoor play dates (less than 5 children)

**NOTE:** These rankings are based on the expert opinion of an infectious disease physician, and reflect the general risk of an activity under typical circumstances. Many factors, including the environment, number of people present, behaviors of individuals present and personal risk factors, affect the level of risk for any specific person or activity.



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